

You are invited !!

Attention: Wrestling coaches your school has been selected to participate in the 3rd Annual Judi Emry Invitational.

Henry Foss High School will host the 3rd Annual Judi Emry Ladies & JV Gents tournament on December 13, 2009 (Saturday).

***** This is an “invite only” tournament. In order to participate in this tournament you must email Coach Ellis confirming your intent to bring your team. Your confirmation needs to be received by Wednesday, November 19th, 2008.**

I will notify you to confirm that I have received your confirmation. Space is limited.

The Judi Emry Invite will serve our local young ladies and JV gents with some of the finest competition at their individual levels.

Entry fee is \$8 per wrestler. The round robin format will provide the opportunity for each wrestler to compete in three matches. Wrestling will take place on five full size mats.

Awards: Every wrestler will receive an award.

When: Saturday, December 13, 2008

Where: Henry Foss High School

2112 S. Tyler St. Tacoma, WA 98405

Weigh-ins will begin at 7:30am starting with the 103 lb. weight class. The coaches meeting will follow weigh-ins.

Wrestling begins @ 9:30. Admission is \$5

** Please bring 3”x 5”info cards with each of your wrestlers at weigh-in. Include the following information:

(1). Wt. Class

(2). Wrestlers Name (3). School Name

4). Experience level (A) = Solid JV/ lower varsity or (B)= 1st/2nd year experience

Contact: Ron Ellis Henry Foss Head Coach: 253-571-7390 or

E-mail rellis@tacoma.k12.wa.us